

the black women in science network

The clocks have just changed in the UK, and to accompany the increase in daylight hours are the growing opportunities for career discovery, mentorship and increased open conversations. In this month's newsletter, we're sharing highlights from our recent events, new podcast episodes and blog content, as well as upcoming opportunities both within the network and across the wider community.

From the Network

Thank you Brunch Talks LIVE!

Thank you to those who were able to attend our Brunch Talks LIVE! Event in Cambridge this month. We truly appreciate you taking the time to join us for an afternoon filled with prosecco (and Nozecco), laughter, and connection. Your warm and open presence in the room helped make the event engaging and meaningful, and we hope you found the valuable and that it



helped fill your cup in the same way that you filled ours. More photos from the day can be found [here](#).

We look forward to seeing you again at future events. Make sure you are [subscribed to our mailing list](#) to be notified of upcoming events.

If you want to have Brunch Talks LIVE! to come to a city near you, please get in touch with admin@bwisnetwork.com.

Black Women in Science Podcast

We have two new podcast episodes with Mary Amanuel and Kathryn Plummer. With our podcast host Tulela, both Mary and Kathryn share their journeys of transitioning into their professions of [data science](#) and [patent law](#). We're glad that it's not just the biological sciences that Black women are more than capable of doing but also adapting our skillset to different careers. We hope to continue to platform various works and perspectives that impact our community! Keep an eye on this space as we'll be posting throughout the year with more exciting episodes.

For any organisations that would be interested in sponsoring a future podcast episode, be sure to contact admin@bwisnetwork.com.

Black Women in Science Network Blog

We've just dropped a new blog post, [Exploring the Rise Of High Protein Foods](#). In this post, Ester Ansah sheds light onto the world of macronutrients and the potential effects of overconsumption. You can read this interesting blog post [here](#).

Also have you seen our last blog, [Black Communities and AI: Helpful or harmful?](#) As AI is becoming our new day to day, we must remind ourselves of its usage and how it can impact our communities. Do [have a read](#) and be sure to leave a comment letting us know what you think.



Brunch Talks with BWiS (and Off the Clock)

We'll be back meeting with members from next month on both weekends with Brunch Talks with BWiS, and during the week with Off the Clock. Brunch Talks with BWiS is our monthly safe space for Black women in science to come together, share experiences, and support one another in an open and affirming environment. Our evening sessions offer the same thing, just on a weekday! We're excited to be introducing new hosts to our sessions – so keep an eye out for this.



Our next three online sessions will:

- Saturday 18th April, 10:00 – 11:00
- Thursday 30th April, 19:00 – 20:00
- Saturday 16th May, 10:00 – 11:00

Details about how to join these meetings are sent directly to Members' inboxes. If you have any questions, please send them to admin@bwisnetwork.com.

If you are ever unsure about when we have events coming up, you can check out our [Events Calendar](#).

Sign up as a member

Don't forget that it is still completely free to become a member of the Black Women in Science Network. If you self-identify as a Black woman working in science or studying science subjects (in any field or at any stage), we'd love to welcome you into our space. As a member, you'll gain access to our monthly Brunch Talks, exclusive event invites,, and the

chance to connect with a growing network of like-minded peers. Just [fill out this form](#) to join us - we're excited to have you!

Share your BWiS Story

We're inviting members to take part in a short questionnaire to help us understand how BWiS has supported and impacted your journey in science. Your voice will help shape the future of the network. If you'd like to take part, please contact admin@bwisnetwork.com. We'd love to hear from you!

From the Wider Community

Mindful Conversations: Black Communities Talk Dementia and Brain Health

Despite the increased knowledge about such topics, in some cultures, conversations about neurological conditions remain a taboo. Mindful Conversations, led by Dr Nathasia Mudiwa Muwanigwa, is creating a safe space for open discussions in the Black community for such conversation in partnership with UK's leading institutes and those aged 40+ are invited. They aim to discuss brain health, memory and wellbeing with some interactive activities to encourage open discussion about dementia in Black communities.

They have individual upcoming sessions on Saturday the 25th April 2026 and Saturday 23rd May 2026 from 11:00 - 15:30. Find out more, and sign up [here](#).

The Reach Society's Career Conference

We are excited to highlight an incredible free opportunity. With news outlets frequently reporting on the challenges facing graduate employment, many students taking their first steps into secondary or higher education may not yet be aware of the wide range of future career paths available to them. [The Reach Society](#) is committed to educating young people about potential career prospects through their career conference, which they have successfully run 14 times. All those aged over 13 are invited to attend. On 7th April 2026, there will be numerous themed workshops, expert panel discussions and the chance to directly engage with 'role models'. It is a free opportunity that should not be missed and more information can be found [here](#).

MSc Motorsport Scholarship

Once again we would like to highlight [The Royal Academy of Engineering](#) and Sir Lewis Hamilton's charity [Mission 44](#) collaboration to relaunch the MSc Motorsport Scholarship programme. This groundbreaking scheme aims to increase diverse representation in motorsport, by providing up to £43,000 in funding, support and unique opportunities to help remove barriers to entry.

Up to 12 scholarships are available, with expanded eligibility criteria to include students who are Black or mixed-Black; and/or women and/or from a less advantaged socio-economic

background. If you or someone you know meets the above criteria, more information can be found [here](#). Note that applications close on the 6th May.

Now you're good to go forth into Spring! We hope you enjoyed hearing about all the upcoming events. We're grateful for all your continued support and engagement across all our platforms and we look forward to sharing more events, opportunities, and stories with you over the course of the year.

**Happy Spring,
The Black Women in Science Network**